

SUNDAY / DOMINGO

10:00AM 1.5HR Serenity in the Park, Overpeck Park, near restrooms, 40 Fort Lee Road, Leonia, NJ, 07605 **(O)** *Outdoors May 1st to Oct 31st*

10:00AM 1.25HR Sunday Morning with NA, <https://us02web.zoom.us/j/87059504079>, Meeting ID: 870 5950 4079, One tap mobile +13017158592, Passcode: 473803, NJ, **(O,D,S,VM)**

10:00AM 1HR Twice On Sunday, Bergen New Bridge Medical Center, basement Room E007, 230 E. Ridgewood Ave., Paramus, NJ, 07652 **(O,D,S,Tp,WC,NS)**

2:00PM 1.75HR Steppin' It Up, <https://zoom.us/j/84713122330>, Meeting ID 847 1312 2330, Dial In 646-558-8656, Password 000000, Hackensack, NJ, **(O,S,St,VM)**

7:00PM 1HR The Kick Back and Chill Group, <https://us02web.zoom.us/j/88466771999>, Meeting ID: 884 6677 1999 Passcode: 910141, Garfield, NJ, **(O,VM)**

7:00PM 1HR Women's Meeting, <https://us04web.zoom.us/j/3668910464>, NJ, **(JFT,Lc,VM)**

8:00PM 1HR Cyber Serenity Group, <https://us02web.zoom.us/j/84614176051?pwd=RE1aVWdON0RnNC8wRElVMkRmdnBDdz09>, Meeting ID = 846 1417 6051 Passcode = 401274, NJ, **(O,Md,VM)**

MONDAY / LUNES

NOON 1HR The Nooner's Group of NA, <https://us02web.zoom.us/j/402602361>, Meeting ID: 402 602 361 Passcode: 121212, NJ, **(JFT,St,Lc,VM)**

7:30PM 1.5HR Women's Touch, <https://us02web.zoom.us/j/83079536102>, Meeting ID 830 7953 6102, Dial In 646-558-8656, Password 100487, Hasbrouck Heights, NJ, 07604 **(C,D,Tp,W,NS,VM)**

8:00PM 1HR Cyber Serenity Group, <https://us02web.zoom.us/j/84614176051?pwd=RE1aVWdON0RnNC8wRElVMkRmdnBDdz09>, Meeting ID = 846 1417 6051 Passcode = 401274, NJ, **(O,VM)**

8:00PM 1HR Step by Step, First Congregational Church, basement, 109 Continental Avenue, River Edge, NJ, 07661 **(O,D,S,St,WC,NS)**

TUESDAY / MARTES

NOON 1HR Noon Heights Recovery, St. John the Divine Church, 229 Terrace Ave., Hasbrouck Heights, NJ, 07604 **(O,D,JFT,NS)** *Masks required, limit 27 people*

NOON 1HR The Nooner's Group of NA, <https://us02web.zoom.us/j/402602361>, Meeting ID: 402 602 361 Passcode: 121212, NJ, **(JFT,St,Lc,VM)**

7:00PM 1.5HR Out of the Darkness and Into the Light, Southeast Senior Center for Independent Living, 228 Grand Avenue, Englewood, NJ, 07631 **(C,Bk,St,NS)**

7:00PM 1HR The Kick Back and Chill Group, <https://us02web.zoom.us/j/88466771999>, Meeting ID: 884 6677 1999 Passcode: 910141, Garfield, NJ, **(O,VM)**

7:30PM 1.5HR Together We Got It, Mount Olive Baptist Church, basement - (corner of Central and Second), 260 Central Ave, Hackensack, NJ, **(O,St,Tp)**

8:00PM 1HR Cyber Serenity Group, <https://us02web.zoom.us/j/84614176051?pwd=RE1aVWdON0RnNC8wRElVMkRmdnBDdz09>, Meeting ID = 846 1417 6051 Passcode = 401274, NJ, **(O,VM)**

8:00PM 1HR HOW, Cavalry United Methodist, 185 West Madison Ave., Dumont, NJ, 07628 **(O,D,S,Tp,NS)** *Church Rules Max Occupancy is 25 people Seating is limited to first 25 people*

8:00PM 1HR The Phoenix, United Methodist Church of Park Ridge, 130 Berthoud Street, Park Ridge, NJ, 07656 **(O,JFT,S,NS)**

WEDNESDAY / MIÉRCOLES

NOON 1HR The Nooner's Group of NA, <https://us02web.zoom.us/j/402602361>, Meeting ID: 402 602 361 Passcode: 121212, NJ, **(JFT,St,Lc,VM)**

7:00PM 1HR Still Alive & Kickin', 351 Englewood Ave. Englewood, NJ, **(S,L)**

7:30PM 1HR It Works How & Why, Church of the Nativity, @ O'Connell Hall - Meeting in parking lot - weather permitting, 315 Prospect Street, Midland Park, NJ, 07432 **(C,D,H&W,M,WC,NS)**

7:30PM 1.5HR Relax In Recovery, Trinity Episcopal Church, across from high school, enter at rear, 555 Palisade Ave., Cliffside Park, NJ, 07024 **(C,D,S,NS)**

8:00PM 1HR Cyber Serenity Group, <https://us02web.zoom.us/j/84614176051?pwd=RE1aVWdON0RnNC8wRElVMkRmdnBDdz09>, Meeting ID = 846 1417 6051 Passcode = 401274, NJ, **(O,VM)**

THURSDAY / JUEVES

NOON 1HR The Nooner's Group of NA, <https://us02web.zoom.us/j/402602361>, Meeting ID: 402 602 361 Passcode: 121212, NJ, **(JFT,St,Lc,VM)**

7:00PM 1.5HR Good Bad & the Free, First Presbyterian Church, 64 Passaic Street, Hackensack, NJ, 07601 **(O,D,S,Tp,NS)**

7:00PM 1.5HR Recovery Room, <https://zoom.us/j/576341843>, Woodridge, NJ, 07075 **(O,D,P,S,VM)**

7:30PM 1HR Straight Edge, St. James Episcopal Church, 514 Abbott Avenue, Ridgefield, NJ, 07657 **(O,D,JFT,NS)**

8:00PM 1HR Cyber Serenity Group, <https://us02web.zoom.us/j/84614176051?pwd=RE1aVWdON0RnNC8wRElVMkRmdnBDdz09>, Meeting ID = 846 1417 6051 Passcode = 401274, NJ, **(O,VM)**

8:00PM 1HR Serenity Now, Park Side Church, 30 person maximum. Masks must be worn., 545 4th Avenue, Westwood, NJ, **(S,St,Tp)**

FRIDAY / VIERNES

NOON 1HR Midday With NA, St. John The Divine, 229 Terrace Avenue, Hasbrouck Heights, NJ, 07604 **(O,D,JFT,NS)** *Masks required, limit 27 people*

NOON 1HR The Nooner's Group of NA, <https://us02web.zoom.us/j/402602361>, Meeting ID: 402 602 361 Passcode: 121212, NJ, **(JFT,St,Lc,VM)**

7:00PM 1HR The Kick Back and Chill Group, <https://us02web.zoom.us/j/88466771999>, Meeting ID: 884 6677 1999 Passcode: 910141, Garfield, NJ, **(O,VM)**

7:30PM 1HR 60 Minutes with NA, West Side Presbyterian Church, 3rd floor or basement, 6 S. Monroe St., Ridgewood, NJ, 07450 **(C,D,S,WC,NS)** *In parking lot, bring chair*

8:00PM 1HR Cyber Serenity Group, <https://us02web.zoom.us/j/84614176051?pwd=RE1aVWdON0RnNC8wRElVMkRmdnBDdz09>, Meeting ID = 846 1417 6051 Passcode = 401274, NJ, **(O,VM)**

8:30PM 1.5HR Free At Last, Trinity Evangelical Church, basement, 295 Hudson Place, Fairview, NJ, 07022 **(O,D,S,Tp,NS)**

SATURDAY / SÁBADO

10:00AM 1HR Wake Up Recovery, Parkside Community Church, 545 4th Avenue, Westwood, NJ, 07675 **(O,JFT,NS)**

11:30AM 1.5HR Weekend Liberty, Community Baptist Church, 224 1st Street, Englewood, NJ, 07631 **(O,D,S,Tp,NS)**

7:00PM 1.5HR KISS, St. John The Evangelist School, 470 Broad Avenue, Leonia, NJ, 07605 **(C,D,S,Tp,NS)**

8:00PM 1HR Cyber Serenity Group, <https://us02web.zoom.us/j/84614176051?pwd=RE1aVWdON0RnNC8wRElVMkRmdnBDdz09>, Meeting ID = 846 1417 6051 Passcode = 401274, NJ, **(O,VM)**

10:00PM 1.5HR Night Owls, Ridgewood Reformed Church, 271 Lincoln Ave. & West End Ave., Ridgewood, NJ, 07450 **(O,Cn,D,S,WC,Y,NS)** *Masks required*

10:00PM 1HR Recovery After 40, <https://us02web.zoom.us/j/979967728>, Meeting ID# 979 967 728 Password 414341, Clifton, NJ, **(C,S,Tp,VM)**

MEETING FORMAT LEGEND

| | | | |
|-----|----------------------|-----|-----------------------|
| Bk | Basic Text | C | Closed (addicts only) |
| Cn | Candlelight | D | Discussion |
| H&W | It Works How and Why | JFT | Just for Today |
| L | Literature | Lc | Living Clean |
| M | Men | Md | Meditation |
| NS | No Smoking | O | Open (anyone welcome) |
| P | Pamphlet | S | Speaker |
| St | Step | Tp | Topic |
| VM | Virtual Meeting | W | Women |
| WC | Wheelchair | Y | Youth |

HELPLINES

| | |
|--------|----------|
| Area 1 | Number 1 |
| Area 2 | Number 2 |

SERVICE MEETINGS



BERGEN

MEETING LIST

NOVEMBER 2021

**24 HOUR HELPLINE
NUMBER**

<https://na.org>

SUGGESTIONS

- Avoid people, places and things**
- Come early and stay late**
- Don't use and go to meetings**
- Get and use a sponsor**
- Get a home group**
- Go to 90 meetings in 90 days**
- Use the phone**
- Keep coming back, it works**
- Get involved with service**

Meetings Weekly: 42

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65